

Christopher Carlow, D. Ac.
Doctor of Acupuncture

Integrative Medicine – Natural Healing
Safe – Gentle – Effective



Acupuncture & Herbal Medicine
982 Tiogue Ave., Coventry, RI 02816
Tel. (401) 219-6446
www.NaturesHealing.info

Acupuncture and Infertility Evidence - Based Medical Treatment Protocol

Acupuncture has been introduced to Americans as a medical therapy over the past few decades but this ancient healing art, originating in China, has accumulated over several thousand years of empirical knowledge and clinical experience. Acupuncture involves the insertion of fine needles into specific points along 14 meridians, or energy pathways traversing the body to stimulate a response in the body's natural healing and pain relieving mechanisms. These pathways cannot be seen by the naked eye but modern science has been able to measure and confirm such corresponding locations. This medical treatment is performed by a Doctor of Acupuncture and integrates the empirical knowledge and clinical experience of traditional

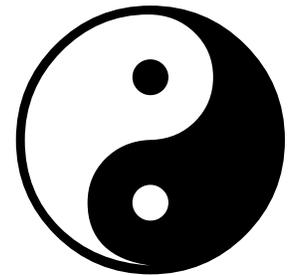
acupuncture and an evidence-based protocol that has proven to be beneficial by scientific research. Acupuncture needles are much smaller and relatively painless compared to hypodermic needles. Acupuncture needles are hair-thin and solid with a rounded tip unlike hypodermic needles, which are hollow with a cutting edge. These single-use, sterile needles are regulated by the FDA as a medical instrument. Acupuncture treatments often include the use of electrical stimulation devices (E-Stim) that induce a small current between needles. This modern method of stimulation produces a mild tapping, or tingling sensation that can be adjusted to accommodate the patient's comfort

WHO MAY BENEFIT FROM THIS TREATMENT PROTOCOL: Females with infertility who will be undergoing IVF (*In Vitro Fertilization*).

TREATMENT DETAILS: 9 acupuncture points will be used on the initial treatment and 8 points on the followup treatment on the following body regions: abdomen, top of head, ears, hands, legs, feet.

TREATMENT SESSION: 1 Hour (includes preparation time plus 25 minutes of needle retention)

THE PRACTICAL COURSE OF TREATMENT SHOWN TO PROVIDE BENEFICIAL RESULTS: 1 treatment before and 1 treatment after embryo transfer. *Note:* empirical clinical evidence suggests additional treatments in advance of an IVF procedure may be needed.



Note: A diagnosis in the practice of Acupuncture is traditionally based on pattern discrimination and is not disease specific; therefore a treatment is tailored to each patient as an individual with a unique pattern of signs and symptoms. Modifications and/or additional therapies may be considered for the best therapeutic results.

All new patients, prior to treatment, should download and complete the PATIENT HISTORY FORM located at www.NaturesHealing.info.

AN EVIDENCE-BASED TREATMENT PROTOCOL DERIVED FROM THE FOLLOWING STUDY:

Influence of acupuncture on the pregnancy rate in patients who undergo assisted reproduction therapy.
Wolfgang E. Paulus, M.D, et al, FERTILITY AND STERILITY VOL. 77, NO. 4, APRIL 2002.

RESULTS SUMMARY: Clinical pregnancies were documented in 34 of 80 patients (42.5%) in the acupuncture group, whereas pregnancy rate was only 26.3% (21 out of 80 patients) in the control

CONCLUSION: Acupuncture seems to be a useful tool for improving pregnancy rate after Assisted Reproductive Therapy.